

2025 Practice Schedule

Time	M	T	W	Th	F	Sa
Morning:						
Lesson CB		9:30-10:30	9:30-10:30	9:30-10:30		
Gold/Silver DL WH	10:00-10:30	10:00-10:30	10:00-10:30	10:00-10:30		
Gold/Silver WH	10:00-12:00	10:30-12:00	10:30-12:00	10:30-12:00		
Dynasty						9:00-10:00
Gold/Silver1 WH						10:30-12:00
Afternoon:						
LessonEN		3:30-4:30		3:30-4:30		
Private WH		4:00-4:30	4:00-4:30	4:00-4:30		
Gold WH	4:30-6:30	4:30-6:00	4:30-6:30	4:30-6:00	4:30-6:00	4:30-6:00
High Dive HD			5:30-6:30			
Gold DL J&MF		6:00-7:00		6:00-7:00	6:00-7:00	
Silver 1 WH	4:30-6:00	5:30-7:00		5:30-7:00	5:30-7:00	
Silver DL J&MF		4:30-5:30		4:30-5:30		
Silver 2 EN	4:30-6:00	4:30-6:00		4:30-6:00	4:30-6:00	
Platform ASU	5:00-7:00					